

Breakfast Menu

East Windsor Public Schools

November 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
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Monday

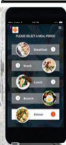
Tuesday

Wednesday

Thursday

Friday

<p>4 Egg and Cheese Sandwich  1% Milk</p>	<p>Professional Development No School</p>	<p>6 Apple Cinnamon Smoothie    WG Honey Graham Crackers 1% Milk</p>	<p>7 Fluffy Whole Grain Pancakes  1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine</p>	<p>1 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers 1% Milk</p> <p>8 NY Organic French Vanilla Yogurt WG Honey Graham Crackers 1% Milk</p>
<p>11 Sausage, Egg and Cheese Sandwich 1% Milk</p>	<p>12 Breakfast Pizza   1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch</p>	<p>13 Egg and Cheese Sandwich  1% Milk</p>	<p>14 WW Honey Bun  1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine</p>	<p>15 Sausage, Egg & Cheese Burrito*  1% Milk</p>
<p>18 Chunky Monkey Smoothie   1% Milk</p>	<p>19 WG Cherry Muffin  1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch</p>	<p>20 Fluffy Whole Grain Waffles  1% Milk</p>	<p>21 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange</p>	<p>22 Chocolate Banana Oatmeal     1% Milk</p>
<p>25 Chocolate Chip Muffin  1% Milk</p>	<p>26 Sausage, Egg & Cheese Burrito*  1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch</p>	<h2>Thanksgiving Break</h2>		



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or genetic information or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Fresh fruit variety available daily,

Variety includes:

Fresh Apples, Fresh Oranges, Bananas, Fresh Pears, and other seasonal fruits.

Whole Grain Cereal Variety Includes:

Cocoa Puffs, Trix, Cinnamon Toast Crunch, Golden Grahams, Cheerios

