

Breakfast Menu

East Windsor Public Schools

February 2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 Sausage and Egg Sandwich Unflavored 1% Milk	4 Whole Grain French Toast Slices Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	5 WG Double Chocolate Chip Muffin Unflavored 1% Milk	6 Bacon, Egg and Cheese Wrap Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	7 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk
10 Egg and Cheese Sandwich Unflavored 1% Milk	11 Blueberry Muffin Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	12 Apple Cinnamon Smoothie WG Honey Graham Crackers Unflavored 1% Milk	13 Fluffy Whole Grain Pancakes Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	14
17	18	19 Egg and Cheese Sandwich Unflavored 1% Milk	20 WW Honey Bun Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	21 Sausage, Egg & Cheese Burrito* Unflavored 1% Milk
24 Very Berry Smoothie Unflavored 1% Milk	25 WG Cherry Muffin Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	26 Fluffy Whole Grain Waffles Unflavored 1% Milk	27 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	28 Chocolate Banana Oatmeal Unflavored 1% Milk



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Fresh fruit variety available daily,

Variety includes:

Fresh Apples, Fresh Oranges, Bananas, Fresh Pears, and other seasonal fruits.

Whole Grain Cereal Variety Includes:

Cocoa Puffs, Trix, Cinnamon Toast Crunch, Golden Grahams, Cheerios

