















Breakfast Menu

East Windsor Public Schools

March
2025

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
3 WW Honey Bun  Unflavored 1% Milk	4 Whole Grain French Toast Slices  Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	5 WG Double Chocolate Chip Muffin  Unflavored 1% Milk	6 Bacon, Egg and Cheese Wrap Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	7 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk
10 Egg and Cheese Sandwich  Unflavored 1% Milk	11 Blueberry Muffin  Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	12 Apple Cinnamon Smoothie  WG Honey Graham Crackers Unflavored 1% Milk	13 Fluffy Whole Grain Pancakes  Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	14 NY Organic French Vanilla Yogurt WG Honey Graham Crackers Unflavored 1% Milk
17 Banana Muffin  Unflavored 1% Milk	18 Chunky Monkey Smoothie  Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	19 Egg and Cheese Sandwich  Unflavored 1% Milk	20 WW Honey Bun  Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	21 Sausage, Egg & Cheese Burrito*  Unflavored 1% Milk
24 Very Berry Smoothie  Unflavored 1% Milk	25 WG Cherry Muffin  Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	26 Fluffy Whole Grain Waffles  Unflavored 1% Milk	27 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange	28 Cinnamon Toast Crunch Bar Breakfast Kit Unflavored 1% Milk
31 Whole Grain Donut  Unflavored 1% Milk				



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Fresh fruit variety available daily,

Variety includes:

Fresh Apples, Fresh Oranges, Bananas, Fresh Pears, and other seasonal fruits.

Whole Grain Cereal Variety Includes:

Cocoa Puffs, Trix, Cinnamon Toast Crunch, Golden Grahams, Cheerios

