Breakfast Menu

East Windsor Public Schools

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Whole Grain French Toast Slices Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	2 WG Double Chocolate Chip Muffin © Unflavored 1% Milk	Bacon, Egg and Cheese Wrap Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	A Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk
7 Egg and Cheese Sandwich Ø Unflavored 1% Milk	8 Blueberry Muffin Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	9 Apple Cinnamon Smoothie 6 6 6 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	Fluffy Whole Grain Pancakes Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange Tangerine	11 NY Organic French Vanilla Yogurt WG Honey Graham Crackers Unflavored 1% Milk
				

April Break!

21 Very Berry Smoothie 20 Smoothie 21 Very Berry Smoothie 21 Very Berry Smoothie 21 Very Sm	Unflavored 1% Milk	23 Fluffy Whole Grain Waffles ♥ Unflavored 1% Milk	24 Non Fat Strawberry Greek Yogurt WG Honey Graham Crackers Unflavored 1% Milk 100% Juice Fruit Punch 100% Apple Juice 100% Orange	
28 Whole Grain Donut Unflavored 1% Milk	29 Strawberry & Peach Smoothie Unflavored 1% Milk 100% Apple Juice 100% Orange Tangerine 100% Juice Fruit Punch	30 Ham and Egg Sandwich P Unflavored 1% Milk		
View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com. *Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food		Fresh fruit variety available daily,	Whole Grain Cereal Variety Inculdes: Cocoa Puffs, Trix, Cinnamon Toast Crunch, Golden	

borne illness, especially if you have certain medical

conditions.

**Menu is subject to change, notice posted when available.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

Variety includes:

Fresh Apples, Fresh Oranges, Bananas, Fresh Pears, and other seasonal fruits.

Grahams, Cheerios



